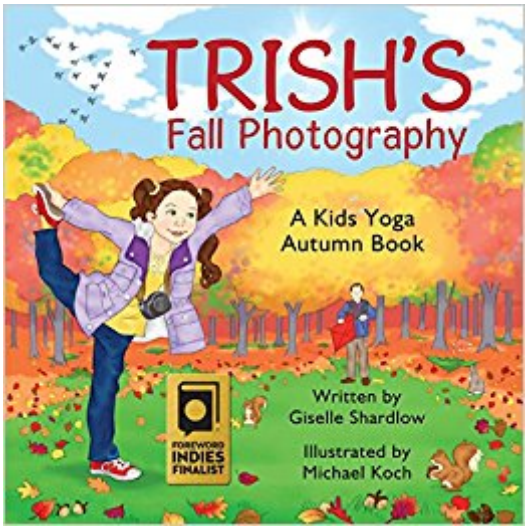
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Trish's Fall Photography: A Kids Yoga Autumn Book



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Synopsis

FOREWORD INDIES FINALIST 2016 Experience the benefits of yoga with your children or students by acting out what you see and do on a fall day trip with this interactive yoga book for kids, TrishÃ¢â ¬â„¢s Fall Photography! Join Trish and her dad as they spend a day taking pictures of fall for her school project. Be a tree, kite, and pumpkin. Discover fall, explore movement, and then do your own photography project! This yoga storybook includes a list of kids yoga poses and a parent-teacher guide, to get the most out of your experience of yoga stories with young children. Kids Yoga Stories introduce you to engaging characters who will get your child laughing, moving, and creating. Reading is good for the mind AND body! The story links several yoga poses in a specific sequence to create a coherent and meaningful story. This fall yoga book for ages 2 to 5 is more than a storybook, but itÃ¢â ¬â„¢s also a unique experience for children. Find the spring, winter, and summer yoga books in the Kids Yoga Stories Season Yoga Book Series on Giselle Shardlow's Author page: www..com/author/gisselleshardlow.

Book Information

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Customer Reviews

This book is a gem on so many levels. It reminds us of the breathtaking beauty we experience in the fall, the joy of experiencing this beauty with a loved one, and how we can incorporate it into our daily yoga practice. - KathyA real treat for anyone looking for a book that promotes the health and wellness of their children. - LisaThere is body awareness and fitness with the yoga, of course, but this book also includes science information about autumn, fine arts information about photography, and great emotional skills by demonstrating positive interactions between a little girl and her dad. -

TinaThe author provides a guide and support so ANYONE can feel successful using this book with children. No previous yoga experience required. - DeeIt is an excellent way to create movement with fun with my preschoolers. - JeanMarieIt is a must have for any kid yoga teacher, classroom teacher, and parents. - McShellIt can easily be used both for mindfulness practice as well as yoga for families or classrooms! - CindyAs with all of Giselle Shardlow's yoga stories, this story is amazingly interactive. - KirstyThe story is sweet, the pictures engaging, and the poses realistic. - SarahThe story and suggested yoga poses are just the beginning of a fun activity that you and your child can share with lots of spontaneity and creativity. - SusanI love it because the book has all the poses that we need for one class...the balancing, strengthening, and calming poses. - ChelleyFall, photos, and yoga...what a creative, fun combination. - Dee

Giselle Shardlow draws from her experiences as a teacher, traveler, mother, and yogi to write her yoga stories for kids. The purpose of her yoga books is to foster happy, healthy, and globally educated children. She lives in Boston with her husband and daughter.

I ordered this book (and the rest of this amazing set!) for my 11-year-old daughter to use as part of her homeschool program as we learn about yoga. One of the best parts of this book, to us, is how it relates the yoga stances to nature or activities that one would do in nature. Learning yoga seemed a little daunting to my daughter because she was so worried she was "doing it wrong" or "making a mistake". But relating it to our real lives and real activities made the stances feel very natural and an easy part of our daily movements. It’s not uncommon to see her now break into a stance in the middle of the kitchen based on something she has seen in these books. We LOVED the illustrations in this book as well. Who doesn’t love Fall colors? :)Even though the words are written for a younger reading level, my daughter enjoyed seeing someone roughly her age making yoga an easy part of her every day life.I would definitely recommend this book to anyone wanting to integrate more yoga into their child’s life. The story is sweet, the pictures engaging and the poses realistic. It even goes over them again at the end of the book. A well worth it purchase.

As an elementary teacher and kids yoga teacher, I definitely understand the power and impact of reading a loud to kids. I absolutely love using books when I teach my kids yoga classes. Kids respond so well to literature and Giselle masters that as she introduces an easy to follow story line and introduces yoga poses as well. I enjoyed the easy to follow parent/guide at the end as well as a niced review of poses. The fall theme can be creative when teaching kids yoga and Giselle does a

nice job capturing the beauty and fun of that season.

I get very excited when several interests and areas of my life come together in one place. This is what happened when I discovered this wonderful childrenÃƒÂ¢Ã â ¬Ã â„¢s yoga book.Trish's Fall Photography: A Kids Yoga Autumn Book is a beautifully illustrated and written book about some time a child (Trish) spends with her father in several outside settings as they work on a school project.Each pairing of pages has a relevant, simple yoga pose which is incorporated into the story by being linked to a subject being photographed by Trisha. Each time ÃƒÂ¢Ã â ¬Ã Å“clickÃƒÂ¢Ã â ¬Ã Â• is written, there is the illustration and name of a yoga pose in the lower corner of the page.As a former physician who is training to be a kidsÃƒÂ¢Ã â ¬Ã â„¢ yoga teacher, and as a parent of two young children, I have found this to be an easy story to follow that captures and holds the interest of children aged three to six years old. Young children canÃƒÂ¢Ã â ¬Ã â„¢t stay still for very long, so this book is a wonderful way of combining movement and literacy - a fantastic combination. The additional demonstration of paternal nurturing is the icing on the cake for me.Highly recommended!Disclaimer: I received this item in exchange for my honest and unbiased review as a user of this product. I confirm that the fact that it was acquired this way has neither influenced nor impacted my judgement of this product. I also confirm that I am not required by the seller or manufacturer to leave positive remarks about their product. Please note that I buy many items from at full price, or on sale when I can, so I am very interested in honest reviews.Finally, if this review has helped you make a decision about this fantastic yoga story book IÃƒÂ¢Ã â ¬Ã â„¢d be grateful if youÃƒÂ¢Ã â ¬Ã â„¢d click on the relevant button just below this review. Thanks!

I love this new Autumn Yoga book as it is my favorite season, is very colorful and cleverly shows activities, animals and items of the season through Trish using a camera. Children are familiar with photography but often are not behind the lens. It also helps model organization as Trish and her dad plan their day. It is special as all parents should assist their children with projects for school or things they are interested in or motivated by. I enjoy repetitive use of the word ÃƒÂ¢Ã â ¬Ã Å“click!ÃƒÂ¢Ã â ¬Ã Â• as my students would like that consistency throughout the book. As with all of her books, Giselle incorporates yoga poses with corresponding pictures. It is nice that each picture has a word color coded in the story so students can make predictions of what is coming next. At the end, Trish uses manners and thanks her father for helping her although they enjoyed the day together.The book has simple minimal text which will allow me to stop and have

students spend time on the poses. A good follow up activity would be to take photos of them posing and have them write a fall story using the fall words and poses from this wonderful book and then they could aim at illustrating it as beautifully. The list of poses near the end will be great for follow up Occupational therapy sessions or for those shorter in length or for those students who need more practice. The parent teacher guide offers important yet not cumbersome information.This book makes a great addition to my seasonal yoga books by Giselle and will likely be u sed more often starting from the beginning of the school year until winter. I love the motivational ways to combine movement and learning and adding social/emotional strengths for the benefit of all of my students.

I love this book. The story entwined with photography and with yoga helps introduce the kids that there is always a place for yoga. I appreciate being able to see the 'snapshots' that Trish and her dad took. This book not only be useful to help teach/interact with the poses, but with tying it in to lessons about the fall and taking photos. The colors on the pages evoke the feeling of fall too!When I read this, I have my kids sit down with me and we go through the story page by page so they can look at the pictures, and then we read it again and complete the poses with it. I also have Sophia's Jungle Adventures and now that my children are familiar with the story and the poses, I see them reading and practicing yoga on their own time too!

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- Midnight Edition: Beautiful High Quality Thanksgiving Holiday Designs Perfect for Autumn and ... (Autumn Coloring Books for Adults) (Volume 2) Adult Thanksgiving Coloring Book: Happy Thanksgiving: Beautiful High Quality Thanksgiving Holiday Designs Perfect for Autumn and Harvest Festivities (Autumn Coloring Books for Adults) (Volume 1) Books For Kids: Natalia and the Pink Ballet Shoes (KIDS FANTASY BOOKS #3) (Kids Books, Children's Books, Kids Stories, Kids Fantasy Books, Kids Mystery ... Series Books For Kids Ages 4-6 6-8, 9-12) Photography: Complete Guide to Taking Stunning,Beautiful Digital Pictures (photography, stunning digital, great pictures, digital photography, portrait ... landscape photography, good pictures) Photography: DSLR Photography Made Easy: Simple Tips on How You Can Get Visually Stunning Images Using Your DSLR (Photography, Digital Photography, Creativity, ... Digital, Portrait, Landscape, Photoshop) Photography Business: 4 Manuscripts - Adventure Sports Photography, Portrait Parties, Music Business Photography, Real Estate Photography Ultimate Hip Opening Yoga Guide: Exercises for Tight Hips & Hip Pain: 4-Week Yoga Guide w/ Videos (Beginner Yoga Guides Book 1) Easy YOGA GUIDE for beginners: Simple 46 Hatha Yoga Poses for Body and Mind (Yoga for Beginners Book 1) Rachel's Day in the Garden: A Kids Yoga Spring Colors Book (Kids Yoga Stories) Yoga Mama, Yoga Baby: Ayurveda and Yoga for a Healthy Pregnancy and Birth How to Sneak More Yoga Into Your Life: A Doable Yoga Plan for Busy People (Yoga for Busy People) Yoga con cuentos: Como ensenar yoga a los ninos mediante el uso de cuentos (Cuentos Para Aprender Yoga) (Spanish Edition)

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